



# sam<sup>®</sup>

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from secova

## Our sam<sup>®</sup>-Training courses

24.06.2020

*Our sam\* training module already contains a large number of training and eLearning modules in English. You can therefore use these training topics to directly instruct your employees. All topics are of highest quality, their effectiveness is monitored and they are all set out as 10 minute lessons.*

*The lessons can naturally also be used as templates for company-internal adaptations.*

***We are looking forward to hearing from you!  
Your secova team***

- Abrasives - But Safely!
- Alcohol, Drugs, etc. - For Employees
- Alkalis and Acids
- Anti-Discrimination Law (AGG) for Employees
- Anti-Discrimination Law (AGG) for Supervisors
- Arc Welding
- Asbestos - Safe Handling
- Biological Working Materials - Safe Working
- Cargo Securing - Vans and Cars
- Cleaning - But Safely!
- CMR Substances - Safe Working
- Cold Workplaces
- Computer Workstations
- Confined Spaces
- Coordination in the Company - External Company Coordinator
- Coronavirus- Working Safely during the New Normal
- Cycling - But Safely!
- Data Protection - Basics (Level 1)
- Data Protection - Data Processing (Level 1)
- Driving - But eco-friendly!
- Driving in Autumn and Winter
- Dust - Safe Working
- Electrical Current - Hazard Basics
- Electrical Engineering - Organisation
- Electronical Equipment - Portable
- Environmental Protection in the Company-Basics
- Explosion Protection - Basics
- Explosion Protection - Flammable Dust
- Explosion Protection - Flammable Gases
- Explosion Protection - Flammable Liquids
- Face Mask - Proper Placement
- Fire Protection
- First Aid - Part 1 (Basics)
- First Aid - Part 2 (Measures)
- First Aid - Part 3 (Measures)
- Flu - Useful Information
- Forklift - Safe Handling
- Gas Cylinders - Safe Handling
- Gas Welding
- Gases - In General
- Gases - Spray Cans & Cartridges
- GMP - Basics
- Hand Washing - But Correctly!
- Hazardous Substances - Safe Handling
- Health and Safety at work - Duties of the Supervisor



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- Health and Safety at work - Rights, Duties an Background for Employees
- Heat & Office Work - But Safely!
- High-Pressure Cleaners
- Hose Lines - Safe Handling
- IT at the workplace - But Safely!
- Infection Protection - Useful Facts
- In-house Transport
- Laboratory - Working safely (basics)
- Laboratory - Working Safely with Devices and Equipment
- Lacerations
- Ladders and Steps
- Landscaping and Gardening Maintenance - Working Safely
- Laser Installations - Safe Operation
- Lifting and Carrying
- Lockout-Tagout (LOTO)
- Lone Working - But Safely!
- Maintenance - Systems and Machinery
- Maternity Protection - Employees
- Maternity Protection - For Employers / Supervisors
- Needlestick Injuries
- Nitrogen - Safe Handling
- Noise
- Occupational Health Check - What is it good for?
- Optical Radiation - Beware of the Sun!
- Oxygen - Safe Handling
- Pandemia: Swine Flu - Hygienic/Protective Measures
- Pedestrian-controlled Trucks - Safe Handling
- Permits - Basics
- Personal Protective Equipment against Falls from a Height
- Personal Protective Equipment - Eye/Face Protection
- Personal Protective Equipment - PPE - Part 1
- Personal Protective Equipment - PPE - Part 2
- Personal Protective Equipment - Respiratory Equipment
- Pits - Safe Access
- Psychological Stress - Useful Facts for Employees
- Pulling and Pushing
- Qualified Electricians - The 5 Safety Rules
- Qualified Electricians - Working on or in the vicinity of live parts
- Quality Management - Basics
- Radiation Protection - Basics
- Radiation Protection - Protection Measures (Industry)
- Risk Assessment - Useful Information (for Management Personnel)
- Ruling on Working Hours - Interesting Information
- Safety and Health Signs and Signals
- Sample - Code of Conduct
- Sample - Initial Training for New Employees
- Sample - Training Course for External Companies
- Saving Energy in the Company
- Scaffolds (stationary) - Working Safely!
- Shelves - Working Safely!
- Shift/Night Work - No Problem!
- Skin Protection
- Slings
- Slinging Loads
- Solvents
- Street Traffic - Behave Safely
- The 5S Methodology in the Workplace - for Employees
- Ticks - Dangerous Bite!
- Tools - Part 1
- Tools - Part 2
- Transporting Dangerous Goods - Basics
- Vehicles - Safe Operation
- Walk - But Safely!
- Waste - Correct Disposal!



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- Water Pollutant Substances
- Working Safely - In an Office!
- Bullying and Fairness at the Workplace
- sam<sup>®</sup> First Steps in the Administrative Management
- sam<sup>®</sup> First Steps in the Editor Area
- sam<sup>®</sup> First steps in the Inspection Log Book
- Youth Employment Protection Act - Useful Information